



# Early Intervention

*“For God has not given us a spirit of fear, but of power, love, and a sound mind.” 2 Timothy 1:7*



When screening results indicate deeper concerns, we notify parents and provide referrals to appropriate counseling or crisis resources, following Louisiana mandatory reporting laws when required.

At NELA Youth, we recognize that today’s youth are facing unprecedented levels of anxiety, depression, and even suicidal thoughts. The pressures of social media, uncertainty about the future, family stress, and cultural instability are weighing heavily on young hearts. Many teens are silently struggling, unsure how to express what they are feeling or afraid to ask for help. We refuse to ignore what we are seeing.

That is why we are launching our Youth Mental Wellness Screening Program. This confidential emotional wellness check helps us identify signs of anxiety, depression, safety concerns, and suicidal risk early. While this screening is not medical treatment or a clinical diagnosis, it allows us to open healthy conversations, support families, and connect youth to licensed professionals when needed.

At the core of everything we do is spiritual mentorship. We believe true healing begins with identity, hope, and truth in Jesus Christ. Through prayer, biblical guidance, and encouragement, we help youth replace fear with faith and lies with truth.

Our mission is to serve as a bridge – offering spiritual support while helping families access further care when necessary. Together, as a community, we can strengthen young minds, restore hope, and protect the future of our youth.

All for His glory!  
Andrea Jones



# HIGHLIGHTS

- In March, we hosted our Spring Field Day and shared a Bible lesson about the importance of being rooted in God's Word so we can stand strong through life's storms.
- We also took our older youth on a visit to the local university campus to give them a glimpse of what college life feels like and to help them begin imagining their future possibilities.
- Additionally, we launched our new Youth Mental Wellness Screening Program, and the response has been powerful. The results have opened important conversations, and we are now partnering with licensed counselors to help ensure these children receive the care and support they need.



**PRAYER:** Heavenly Father, We lift up the young people in our community to You. You see the anxiety, the sadness, and the silent struggles that many carry in their hearts. Lord, surround them with Your peace, remind them of their value, and let them know they are never alone. Guide the work of NELA Youth as we seek to listen, support, and protect the hearts of these children. Give us wisdom to recognize when help is needed, courage to speak truth, and compassion to walk beside every family. May Your light replace fear, Your truth overcome every lie, and Your hope restore the hearts of our youth. In Jesus' name, Amen.

NELA Youth is a mobile, Christ-centered nonprofit dedicated to mentoring and restoring some of the most vulnerable children in our region. We meet them right where they are, bringing hope into places marked by brokenness and guiding them toward healing and identity in Christ.

**NELAYOUTH.ORG**



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## HOW YOU CAN HELP

- PRAYER FOR THE KIDS
- Volunteer at our monthly outreach meetings
- Pizza (10-12) donation for our Sat. outreach
- Gas cards
- Snack size chips & drinks
- Financial donations